

A community school, Davidson High School is committed to providing an inclusive educational environment that is supportive, innovative and engaging. We believe that by working strategically and collaboratively we will inspire and develop future focused students who are active and connected learners and critical and creative thinkers.

The importance of sport

Mrs Jann Pattinson, Principal

Why Is Sport Important?

Sport is a significant part of the school curriculum. Students in Years 7-10 are required to participate in a minimum of 150 minutes of planned moderate with some vigorous physical activity across the school week. This time includes planned weekly sport. There is an expectation that all students participate in sport. We are currently monitoring students who request gate passes during this time and will be working with parents to ensure that students fulfil the required hours for the Department of Education.

So why play sport? There are huge benefits in playing sport – physically, mentally and socially. There are skills that you will develop while playing sport that will serve you throughout your life. Here are 5 reasons why you should play sport.

Sports teach teamwork and problem-solving skills.

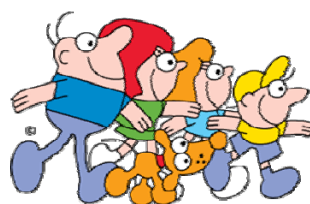
Fighting for a common goal with a group of players and coaches teaches you how to build teamwork and effectively communicate to solve problems. This experience is helpful in all areas of life. Being a problem solver is a key skill for the future.

Sport improves physical and mental health.

One of the main benefits of sport and games is to boost the physical and mental health of a student. Sport is played between teams in a healthy competitive environment which ensures that you remain active and fit. It also strengthens the immunity system of the body and energizes you.

Sport boosts self-esteem.

Watching your hard work pay off and achieving your goals develops self-confidence. Achieving a sport or fitness goal encourages you to achieve other goals you set. This is a rewarding and exciting learning process.



Life. Be in it.

Sport improves leadership and team building qualities.

Sport is all about teamwork. Sport encourage you to participate and communicate you're your team members. It also helps you to identify and hone your leadership skills which strengthen your sense of belonging and identity. By developing your social skills and learning how to work with different people gives you an opportunity to make new friends.

Sport is not always about winning.

Winning and losing is all part of the game. It's also about fair play. Losing is a part and parcel of any game and accepting defeat in a positive competitive spirit distinguishes a true sportsperson. It also prepares you for times in your life when you don't get what you wanted. By losing you learn that there is still more work to be done.



I grew up with 'Life. Be in it'. It was one of the most widely recognised lifestyle messages in Australia. It promoted healthy active lifestyles by providing fun,

enjoyable programs across the nation. It featured cartoon character Norm, couch potato anti-hero of TV ads for the state government's Life. Be In It health campaign. It drew laughs – and gasps of recognition – across Australia. Norm was an unapologetic middle-aged slob, who resisted all entreaties to exercise. "I'm an all-round sportsman," said Norm, but he was referring to the games he watched on the small screen, not to actually playing sport.

We don't want to become Norms. So let's start a campaign for "Davo – Be In It."

Deputy Principal's report

Mrs Alexia Martin Deputy Principal

Technology at Davidson HS

Information Communication Technology (ICT) supports students to be effective users of technology. Research evidence suggests that technology approaches should complement other teacher approaches rather than replace them. That is why it is one of the many teaching approaches adopted at the school. Technology has the capacity to increase student engagement and motivation and, along with learning goals, therefore change teaching and learning interactions which can increase student learning outcomes.

At Davidson HS, Google classroom is increasingly being used to help students to organise work online, disseminate information, share and manage documents, collaborate both in the class and from home as well as seek more regular and detailed feedback from teachers.

To assist in the efficient access to technology in the classroom, 57% of students across Years 10, 11 and 12 have registered their own devices through BYOD. These students are making great use of the upgraded wifi access across the classrooms and outside learning areas, to maximise their use of this tool. If there are any students that have not registered their device, forms can be collected from the front office and need to be returned through the IT department in the library.

Finding the right balance

However, with the use of all technology, there is a balance required in the use of laptops and phones.

Teenagers can also spend a lot of time online – instant messaging, sharing photos and videos, playing online games and using online chat through social media platforms. These can all play an important role in their social identity. Although it can provide some valuable experiences, there are also risks. Parents and schools can help equip children with the skills to manage these risks and deal with negative situations.

Working together to support students in the use of technology

At school, we believe that:

- Phones have limited value in learning. As a result, they are **not permitted** for use in the classroom, unless specifically directed by the

teacher, and must be left in the blue phone box located in each room at the beginning of any lesson.

- Students need to get off their phones and devices at recess and lunchtime. This allows them to engage in conversations with peers as well as play games such as handball or get some exercise before returning to class.
- It is essential to build digital citizenship to allow students to be safe, positive and responsible online

At home, you can also support your children in the use of their devices by:

- Staying engaged with their online experiences and knowing who they are talking to online and if there are any emerging issues
- Minimising the use of devices in their bedrooms. This not only allows you to know what they are doing online but ensures that they turn off devices at least 30mins before going to sleep.
- Encouraging them to think before they post
- Keeping open communication to help them to build their self-respect, empathy and resilience

For further information on esafety, you may find the following sites helpful:

<https://www.digitaltechnologieshub.edu.au/families/cybersafety>
<https://esafety.gov.au/parents/skills-advice/online-safety-basics>
http://www.digitalcitizenship.nsw.edu.au/parent_Splash/index.htm

Increasing communication between school and home

To improve communication with parents, at the beginning of next term, we will be introducing the **Central Parent Portal**.

You will be provided with a URL to register for the Parent portal with a valid email address. Once registered, the access key provided will allow you to logon to the portal, where you will be able to see information specific to your child such as timetable, reports, NAPLAN results, school attendance and messages from class teachers. You will also be able to explain student absences.

Please look out for further information that will be provided at the beginning of Term 2 regarding this new initiative.

Parent Teacher Interviews

Davidson

HIGH SCHOOL

Phone: 9451-0022; 9451-0199
Fax: 9975-3560
ABN: 18 246 198 266
email: davidson-h.school@det.nsw.edu.au

Mimosa Street,
Frenchs Forest, 2086

Principal: Ms J Pattinson

8th March 2019

Dear Parents,

Online bookings for the 2019 Parent/Teacher/Student interviews will open on Monday 11th March 2019. The interviews are scheduled for the following dates;

Year 8 & Year 12 - Tuesday 9th April 2019 from 3.30pm to 7.30pm.

Please use this Event Code

5qah3

Year 9 & Year 10 - Tuesday 7th May 2019 from 3.30pm to 7.30pm.

Please use this Event Code

69fkx

Year 7 & Year 11 - Tuesday 21st May 2019 from 3.30pm to 7.30pm.

Please use this Event Code

bbvaz

To make an online booking for your Parent/Teacher/Student Interviews, please follow the simple instructions on the back of this letter. You will need to know your child's subjects and teachers. Bookings close on the previous Monday afternoon before the event.

Interviews are strictly 5 minutes and spaces are limited. If you require more time, please contact your teacher directly to make alternate arrangements.

If you have any further enquiries please contact the school on 9451 0022.



J Pattinson
Principal

Go to www.schoolinterviews.com.au and follow these simple instructions. Click on 'Make a Booking'.

MAKE A BOOKING

To make a booking, please enter the event code:

Then follow these steps:



When you click **finish**, your interview timetable will be emailed to you automatically - check your junk mail folder if you do not receive your email immediately.
You can return to www.schoolinterviews.com.au at any time, and change your interviews - until bookings close.

Recognising Achievements

Max Fenech - Year 7

Volunteer Kids Giving Back

Max recently took part in a team who volunteered to cook, package and deliver over 400 warm, nutritious meals to local shelters and individuals in need.

Max participated in the Community Cook4Good Program with his family and should be proud for giving up time to help others.



Kane Julius - Year 8

NSW Junior State Touch Football

Kane Julius recently represented the U/14 boys Northern Beaches Renegades touch football team at the NSW Junior State Cup in February.

The tournament was held over three days at Port Macquarie on the mid north coast where the team was successful in making to the quarter finals of the Northern Conference.

As finalists, the team has now qualified for the NSW State Cup Finals to be played in Wollongong in late April.

Well done Kane and good luck to the team in the finals.



Luca Bell - Year 8

Australian Mountain Bike Championships 2019

In March, Luca Bell of year 8 participated in the 2019 Australian Mountain Bike Inter schools Championships in Thredbo. With over 600 competitors representing more than 100 schools this 3 day event was an extremely well organised and highly participated in event.

Over the 3 days Luca participated in 2 events;

- 4.5km Flowmotion Downhill Cup where he came in 9th position out of 144 competitors
- Cross Country Cyclecross Event where he came in 8th position out of 71 competitors

We would like to congratulate Luca on his efforts representing Davidson in the sport of mountain biking.

The Australian MTB Inter Schools gives school students the chance to experience mountain biking and the enthusiasm and energy of this rapidly growing sport in a competitive, educational and supportive atmosphere.



Students interested in this event for future years can find information at: <https://www.thredbo.com.au/mtbinterschools/>

Recognising Achievements

Anisha Sawaid - HSC Major work

Textstyle Exhibition

HSC Major Work Textstyle exhibition was held in March 12-16th. The top 40 Textile and Design works were on display at Ultimo TAFE. One of our talented 2018 students, Anisha Sawaid's work was displayed. Anisha's work was a stand out for its creativity and innovative difference.

Congratulation Anisha



Textiles and Design - Year 10

Mrs Julie Evans

Year 10 Textiles and Design students are currently studying a unit on costume design.

Lynette McKinley a Sydney based costume designer visited our school recently. She displayed many of her magnificent costumes, passing on a wealth of knowledge and experience.

Students had fun trying on some of her pieces.



Industrial Technology Multimedia

Mrs Jess Peade

HSC Shape Exhibition Powerhouse Museum

Shape HSC is a discovery of innovative projects chosen by curators and NESAs "that will 'shape' the future of Australian design."

Shape 2018 showcases a selection of outstanding major projects from the HSC Design and Technology, Industrial Technology, and Textiles and Design courses.

"As varied as they are creative, these projects provide a glimpse into the minds of tomorrow's designers," says the exhibition curator.

I had the pleasure of attending the ceremony and opening of the exhibition with Amy Holland at the Powerhouse Museum on the 22nd of February.

The speakers articulated aspects of the creative journey that these students had been on in the past year with their parents, teachers and peers. They praised the students for their ability to problem solve, design, innovate, finesse, organize, time manage, persevere and much more.

Amy's Industrial Technology Multimedia work is exhibited along with 4 other chosen students.

There were 5,820 candidates in the subject and only 15% were female. Amy is one of only 300 candidates to achieve Band 6. She has represented Davidson and the subject with great distinction.

Amy's project was interdisciplinary in its nature, combining her love of Biology concepts and creativity.

In 2019 Amy will be studying Environmental Management/Arts at the UNSW.

I personally love that the subject allows students to explore their own interests, research, investigate, produce AND express themselves in so many unique ways.

Amy is to be congratulated for her outstanding work and the state-wide recognition it has generated.

Well done Amy

Amy's interview by the curators can be watched at: <https://www.youtube.com/watch?v=qJrP67x8Ifs>



Science

Ms Amanda Mendham



Year 12 Biology, Excursion to Museum of Disease

Year 12 Biology is currently studying the Infectious Disease module of the new HSC syllabus.

We recently had the privilege of visiting UNSW's impressively morbid Museum of Human Disease - a fun and involving opportunity to see the visceral impacts of the pathogens we've studied theoretically.

The gory specimens kept us enthralled and queasy in equal parts!

The outing allowed us to find interesting ideas and evidence for our depth study assessments, and the help of UNSW experts was a great insight into looking at infectious disease from morphological, epidemiological, and historical frameworks.

by Georgie Greentree

PDHPE

Ms Jillian Chalker

Waratah's Rugby Clinic

On Friday 15th February students from years 8, 9 & 10 who played Rugby 7s last year participated in a clinic run by the NSW Waratahs.

We were lucky enough to have 3 of the Waratahs players run some drills with us and pass on their very valuable knowledge about rugby union.

Jed Holloway, Curtis Rona and Cam Clark gave up their own time before heading off for their own training run at Brookie Oval and we were all very appreciative.

Thanks to Mr McNaughtan for organising and making this clinic possible.

By Sallie Molyneux



PDHPE

Swimming Carnival

The school swimming carnival was held at West Pymble Aquatic centre on Friday the 8 February. We were lucky with the weather and had a strong turn up of morning competitors swimming with the hope of progressing to zone.

The carnival ran all day in great spirit and Year 12 kept everyone entertained with their colourful outfits.



The winning house on the day was Gamma with a commanding win over the other houses.

Despite Mr Martin telling everyone who would listen he was in Ian Thorpe like shape year twelve was a bit too strong and took out the teacher versus student relay race.

We wish all swimmers who progressed to zone the best of luck in their events.

Below are the age champions and the records that were broken on the day.

SWIMMING AGE CHAMPIONS

12 years boys	Dylan Nockolds	12 years girls	Courtney Drake
13 years boys	Matthew Waldon	13 years girls	Madeline Jackson
14 years boys	Joel Solomon & Ishan Shah	14 years girls	Laura Judson
15 years boys	Thomas Salmon	15 years girls	Matilda Sutton
16 years boys	Liam Obrien	16 years girls	Annalise Waldon
17 + years boys	Masato Yamaguchi	17 + years girls	Alana Butler

Records: Laura Judson 50m freestyle and 50m Backstroke / Thomas Salmon 50m butterfly.



Robotics

Mr Michael Hahm

A Robotics class is being offered to the year 9 students of Davidson High School.

Automation and the Job Market

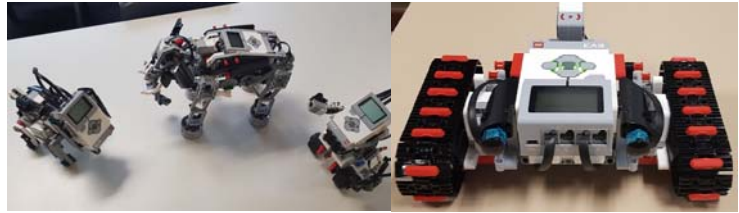
- The digital revolution and the rise of automation is having a profound, disruptive impact on Australia's workplace
- Over the last 20 years, we have lost more than 1 million lower-skilled jobs in manufacturing, administration and labouring
- In the next 20 years, 44 per cent of Australian jobs are at risk of computerisation and automation (CSIRO)

Will Humans be replaced?

- People have intentionality – we form plans and make decisions in complex situations. We are less good at making sense of enormous amounts of data
- Computers are the opposite – they excel at efficient data processing, but they struggle to make basic judgements that would be simple for any human
- Complementarity between humans and computers is the path to building the best businesses and solving many of the world's problems
- Better technology will not replace all workers – it will allow them to do more

Changing Work Task

- The skills required of today's workforce are changing dramatically
- Since 1980, there has been a rapid increase in the need for cognitive analytic and interpersonal tasks
- These skills directly correspond to computational thinking, innovation and creativity skills
- Increasingly, workers are being required to do things like:
 1. **Work with new information** Acquire and make sense of new information for problem-solving purposes
 2. **Solve unstructured problems** Solve problems that lack rules-based solutions



In the Robotics class, students learn how to program a number of different robots including the Lego EV3, Spheros, etc. LEGO MINDSTORMS EV3, students can program and command LEGO robots both physically and in the virtual world to complete challenges.

C programming language is used as it is a very powerful and widely used language. It is used in many scientific programming situations. It forms (or is the basis for) the core of the modern languages **Java** and C++. It allows you access to the bare bones of your computer.



Year 7

Miss Bri Ritchie, Year 7 Advisor

It has been an absolute joy to see the growth and development of Year 7 so far at Davidson High School. A huge congratulations goes out to all students for making such a smooth transition to high school.

It has been a jam packed 6 weeks and students have achieved so much. They had an adventure filled camp, a colourful swimming carnival, introductions to many new and exciting subjects, and have had opportunities to put their hand up for extra curricular groups such as band, vocal ensembles, sporting teams, homework club, ACE (Active, Connected and Engaged learners), dance groups and drama groups.

Homework and assessment tasks have been handed out, and students are still smiling!

The students have been overwhelmingly welcoming and supportive of old and new friends and they are being praised by teachers on their transition to high school.

Myself and assistant year advisor Kate Burns have loved getting to know Year 7, and are excited to see what the future holds for them.

A special mention of thanks to the following students who have put together an account of their favourite parts of Year 7 so far; Jamie Hawker, Chirag Murali, Isabella Byrnes, Abigail McKinnon, Belle Monahan-Chaffer, Ellia Nordenson, Addison Puklowski, Nathan Barlow, Eloise Meakin, Grace Fitzgerald and Felicity Rapkins.



Year 7 Term 1 Highlights

Year 7 Students

At camp we participated in a range of activities including the giant swing, archery, raft building, abseiling, fencing, high ropes, rock climbing, bushwalking, and the flying fox. We also had a movie night, challenge night and a disco.

The Big Disco Disaster

The disco was a huge disappointing fail. Everyone standing awkwardly chewing their nails, apart from one, me. Embarrassment fills the room. A big cheery smile covers my face while I dance my butt off. At least I had fun!

By *Jamie Hawker*



Tree Tops

On Thursday morning we all trudged down to the tree tops course. Everyone in my group attempted to brave the jungle course. Many enjoyed it, but a few didn't. One of the low points was repeating "moving" when you wanted to move, and then waiting for your partner to say "watching". This was followed by you saying "checking" and your partner saying "OK". One of the highlights was that we constantly laughed. I really enjoyed it!

By *Isabella Byrnes*



Challenge Night

On the first night of camp we participated in a challenge night. Some of the challenges included hitting a ping pong ball off an empty water bottle without making the bottle drop, bottle flipping, rotating a broomstick around our bodies, returning to our original spot without using our hands. For one we had to balance a cup of water on our head while we were lying down, and had to stand up without using our hands or spilling the water. There were so many exhilarating activities. For



each challenge each team would nominate someone to compete and we would only earn points if we completed the challenge. I had a lot of fun with my friends even though my group didn't win! My friend

Lara Donaldson summed it up well, "It was a really fun group experience, but some challenges were a bit ridiculous!"



Overall, I thought camp was an amazing experience for me to meet new people and I thought it

was a great opportunity.

By *Addison Puklowski*



Giant Swing

As my last activity I was able to have a go at the fun GIANT SWING. I had looked forward to this all camp! Although I was nervous, I just went for it and decided to do it.

After I had my turn I put my best friend into a harness so she could be clipped onto loads of wires. As soon as she started to go up I heard a huge scream. I was watching her face when she started bawling her eyes out! I felt so bad because I was one of the people who made her do it.. The whole ride she was screaming and crying. She was terrified. Afterwards, she said she didn't regret it.. but she said that she was never doing it again! I recently asked her if she still regretted it.

She said "Yeah, it was the scariest moment of my life".

By *Felicity Rapkins*



Year 7 Term 1 Highlights

Year 7 Students



We have also been busy with this term with the swimming carnival, extra-curricular activities and have been busy in all of our classes.

As I stepped out onto the diving block my heart was thumping out of my chest, but I was excited at the same time. The starter beeped and boom, I was off into the water. Everyone was neck and neck all through the race. I was super tired at the end but it was all worth it because I ended up coming first! There was yelling and cheering and everyone was so supportive.

Although not a lot of people participated in a race, almost everyone joined in with the novelty events. We did an egg and spoon races and lots of other fun things. Overall it was an amazing day and I can't wait to go again next year.
By *Ellia Nordenson*



In art this term we have been painting our cover pages to put on our art scrapbooks. We are also starting to make clay fish. We were given pieces of paper with pictures of different fish on them. We had



the choice to design our own or copy one of the paper designs. We put baking paper over the top and traced them and are looking forward to when we transform our drawings into clay.
By *Eloise Meakin*

This term in Music we have been learning about what instrument families there are and their technical terms. Some of the activities we have been doing have been collaborative posters and making melody's, rhythm's and songs. We have also been going on keyboards and playing "Ode to Joy" and "Aura Lee". We have learnt many new things and are prepared for more learning!
By *Grace Fitzgerald.*



So far in Science we have been doing many different types of pracs including using Bunsen burners to melt different types of powders and crystal powder in water and seeing what will happen. It has been a lot of fun.
By *Abigail McKinnon and Belle Monahan-Chaffer*

This term in dance we have done 5 different stretch routines that we have to do for our assessment task. We now feel nice. It relaxes you if you do the stretches correctly.
By *Abigail McKinnon and Belle Monahan-Chaffer*



Teacher and Learning

Mrs Karen Witherdin, Teaching and Learning

Elevate sessions

We have had a busy start to the year with the students attending Elevate sessions designed to build their skills in effective study, organisation and motivation. These sessions are taught by young university students who have had successful recent experience in completing their HSC.

Sessions completed thus far are Year 7 Study Skills Kick Start, Year 8 Junior Time Management, Year 9 Memory Mnemonics, Year 10 Study Sensei, Year 11 Student Elevation and Year 12 Ace Your Exams. Year 12 will have a final session in Term 3. Teachers have been provided with support information so skills may be reinforced in the classroom.

The company also provides an online platform which provides tailored support to students via study skill courses, activities and practice questions. This can be accessed at austudent.elevateeducation.com with the password rondo.

Litfit

Reading and writing are fundamental to understanding, constructing and communicating knowledge in all learning areas.

We believe that every student can be a successful reader and writer and this is important in determining their career choices and life opportunities.

Davidson has a number of programs that assist faculties in developing student's literacy skills. One of these is Litfit, a 20 minute lesson on a Tuesday, which provides systematic, explicit and targeted instruction to students Year 7-10, mapped to the literacy progressions.

Year 7 students have just completed Best Start assessment which allows us to understand and better cater for their needs based on the data we collect.

Year 7 also have the online homework program, Wordflyers, which provides the opportunity to have fun whilst consolidating skills. All students have login details so they may continue to work through the program at home.



Sharpen Your Skills

This is an after school opportunity to complete homework or to receive further assistance from a member of staff. Sessions are held in the library.

The program is coordinated by Mr Zouain. Computers are available and whilst sessions have a numeracy or literacy focus, they are not limited to these areas.

Monday, with Mr Zouain, has a numeracy focus and runs from 3.10-4.10. Wednesday and Thursday have a literacy focus with Mrs Newberry and Mr Covant present to support students. Wednesday runs from 2.30-3.30 and Thursday from 3.10-4.10.

Parent evening

A parent evening was held on the 11th March which featured a guest speaker from Elevate. We provided details of the school's ACE program, which commenced on the 11th March for Year 7, ACE IT, LITFIT and Wordflyers.

LOTE

Prof Coletta (Italian/French), Dalpadado Sensei (Japanese) & Signora Smart (Italian)

BENVENUTI! ようこそ! BIENVENUE!

Welcome back to a brand new year of language learning!

Year 7

A big welcome to our Year 7 students! Year 7 won't be commencing their languages study until next year. They will receive a language elective form towards the end of the year for their choice of language in Year 8. The 2 languages offered in Stage 5 are Italian and Japanese.

Year 8

All students have been given a list of expectations and equipment and these can be found on the inside cover of their language books.

This term, we are working on organisation. Students are required to bring their correct language book, equipment and school diary every lesson and have them out on their desk at the start of each lesson. In addition, students will be given homework every language lesson which will need to be completed before the next class, so that all topics are consolidated and revised before moving onto new concepts.

In terms of literacy skills, we are focusing on metalanguage (the correct terminology to discuss language such as syllables, nouns, proper nouns, verbs and adjectives), the correct use of punctuation such as commas and fullstops and acronyms such as ICET (Inter Cultural Education Today).

Both Italian and Japanese classes have been allocated course books and workbooks. The student workbooks have been included in the school fees. Students will get to take them home when they have been completed.

The Italian classes have started working from the text *Ecco Uno* and have been learning about meeting new people.

The Japanese classes have started their text *Hai!* Book 1.



All 3 classes have learnt the Japanese script *hiragana* (consisting of 46 syllables) and have been having weekly quizzes throughout the term. Students are encouraged to revise through the holidays.

There is an opportunity for year 8 students to apply for the Northern Beaches Council's Students Exchange Program to Odawara. Please see details later on in our section.

The Italian classes have settled in well and have learnt all the basics of the Italian language. Students should be regularly doing homework, as it is given after each lesson, and revising for the end of unit test, which will assess their vocabulary knowledge, as well as their listening and reading comprehension skills. Parents should encourage their students to speak Italian at home or even ask their children to teach them some of the expressions they have learnt in class.

Year 9

The Italian class has started the topic of Leisure with *Ecco Uno* Chapter 5. Students are still working through the same workbook and coursebook as last year. This year there will be more cultural activities and topics of work to make their language learning fun. At the current time, Year 9 have started the cultural unit of Carnevale and looking at the city of Venice.

LOTE

Prof Coletta (Italian/French), Dalpadado Sensei (Japanese) & Signora Smart (Italian)

Year 10

Year 10 Japanese students have started the year with a new coursebook and workbook, *Hai! 5/6*. This year, the students will explore Japanese culture and further develop their language skills through topics such as clothing, weather and seasons, leisure, gift giving, giving invitations, making suggestions, daily routine, food and drink, and eating out (among others).

Students will engage in a wide range of listening, reading, speaking and writing activities, and in doing so, broaden their knowledge and understanding of both the Japanese and English languages, as well as gain greater insight into themselves as and others in the world.

An additional resource in the form of an online learning site *Quizlet* has been added as a tool for students to revise and consolidate vocabulary. A private class has been set up and students have been invited to join our group. An information note was sent home to parents in week 8.

There will be opportunities for some of our year 10 students to participate in student exchanges to Japan; firstly through the Northern Beaches Council's Student Exchange Program to Japan in September (for 10 days) and then through the ICET Scholarship to Japan in November (for 6 weeks).

Year 10 **Italian** is finalising their extensive study on the topic of Italian cuisine. They are looking forward to two separate cooking days, one to make the Italian dessert Tiramisù, and another where they will participate in a pizza making challenge. Both these events will be held at school during lessons and notes have been sent home.



Year 11

Year 11 Italian Beginners class have made a good start by covering all the basics of the Italian language. They have settled in well and appear to be a focussed and motivated group. This will surely continue as they work towards their first speaking, listening and reading assessment at the end of the term, which includes their first speech.

Year 12

The Italian Continuers class is working towards completing their final unit of work for this term on the topic of Future Plans (Education and careers) in time for their next major assessment task; the listening, reading and speaking task which is scheduled for Week 11 of this term.

The HSC Orals date has been released by NESAs. The Italian Continuers will attend their **HSC Speaking Exam** on **Saturday the 17th August 2019**. The venue is yet to be announced.

LOTE

Prof Coletta (Italian/French), Dalpadado Sensei (Japanese) & Signora Smart (Italian)

2018 Languages HSC Results

Congratulations to Mia Hart (who accelerated) and Anisha Sawaid who did very well in their HSC for Japanese Continuers. Both girls are continuing her Japanese Studies at Macquarie University this year. We are proud of their achievements.

In 2018, Gabrielle Henderson achieved a Band 6 in the HSC for French Beginners and has now moved to Tasmania to pursue her goal of studying Marine Science. We applaud and congratulate your consistent hard work and we wish you the best of luck for the future.

Student Exchange Program to Japan

Northern Beaches Council is offering a student exchange to Odawara City (sister city to Manly) in Japan. The program consists of a 10 day visit by our students during our September/October school holidays. A reciprocal visit by the Japanese students takes place in July.

This successful program has been taking place for over 25 years with several hundred school students across the Northern Beaches having taken part. Last year, 6 of our students were chosen to represent our school and country on this program. They had a wonderful time (please see the November 2018 Dispatch for their report).

This year, the program is being offered to year 8 students studying Japanese for the first time. Interested students have been given an information letter in their Japanese classes and applications will be given to those interested.

Further information can be obtained at the Northern Beaches Council website: <https://www.northernbeaches.nsw.gov.au/council/about-northern-beaches-council/sister-cities/japan-student-exchange-program>

Applications are due back to Ms Dalpadado by the 30th April 2019.

The Languages staff

Our staffroom is located next to the school counsellor's office.

We look forward to working with your son/daughter in Languages this year. Please do not hesitate to contact us via phone or email if you have any queries or would simply like to discuss your child's progress.

Ms Jillian Chalker (Head Teacher ADMIN/Languages)

Prof Coletta (Italian/French)

Dalpadado Sensei (Japanese)

Signora Smart (Italian)

The school year may have only just started but the SRC has already been very busy!

The annual Welcome Back Barbeque was held on the first Friday of school and was, once again, a massive hit with teachers and students alike.

The Welcome Back BBQ is a long-standing tradition at Davidson and just part of the way the SRC works to create school spirit and improve the overall school experience.

We were also able to raise over \$550 at the school swimming carnival with our 'Splash for Cash' initiative.

For those who may be unfamiliar with the concept, 'Splash for Cash' involves teachers signing up to jump into the pool fully-clothed when certain fundraising goals are met.

This year we were able to raise even more than our goal of \$550 and, as a result, many teachers (including our beloved deputy principal, Mr Rule) took a dip.

This event was definitely a highlight of the swimming carnival for many students and teachers and the SRC would like to say a massive thank you to all the teachers who participated as well as all the parents, students and teachers who donated on the day.

100% of the money raised will be going to Surf Life Saving Australia to help them buy valuable, life-saving equipment.

The SRC also held their planning day recently to come up with some fresh and new ideas for the upcoming year.

A major focus of this day was reflecting on what was achieved last year and how we can improve our activities and fundraisers. We also elected new students into a variety of positions with Phoebe Holland (yr11) becoming the SRC President for 2019.

The planning day was highly successful and you can be sure to see more exciting and new projects put into place this year!

Meningococcal ACWY Vaccines - students 15 years and over

A vaccine that protects against four strains of meningococcal disease will again be provided to secondary students in NSW via the NSW School Vaccination Program in 2019.

Schools will soon distribute a vaccination consent card to all students in year 10, allowing them to receive the meningococcal ACWY (MenACWY) vaccine later in the year.

This vaccine is different to the meningococcal C (MenC) vaccine that children born between 2003 and 2018 were offered at the age of 12 months under the National Immunisation Program, as the MenACWY vaccine protects against an additional three strains of meningococcal disease).

The NSW School Vaccination Program has provided MenACWY vaccine to older adolescents - who are at increased risk of meningococcal disease – since 2017.

To ensure all older adolescents have the opportunity to protect themselves against meningococcal disease caused by strains A,C,W and Y, anyone between the ages of 15 and 19 years who missed the vaccine at school can access free vaccine from their GP.

This vaccine does not protect against all strains of meningococcal, so all people should be aware of the signs and symptoms of meningococcal disease, even if they are vaccinated.

For more information on meningococcal disease and the NSW school vaccination program see the [NSW Health website](https://www.health.nsw.gov.au/Infectious/Pages/default.aspx) (<https://www.health.nsw.gov.au/Infectious/Pages/default.aspx>).

NYSF Year 12 Program

By *Tori Gillespie*



Over the holidays, I had the incredible opportunity to attend the National Youth Science Forum (NYSF) Year 12 Program in Brisbane. The NYSF is a non-profit organisation that runs several residential programs to encourage young adults in their passion for science. The NYSF Year 12 Program is their flagship program that is held in January each year to give students significant insights into the variety of career and study options in science, technology, engineering, mathematics and medicine (STEM).



My twelve days at the program were action-packed with STEM visits, lectures, site tours, careers expos and networking opportunities. All of the students were split into a wide range of interest groups with specific focuses. I was in the Curie chemistry group. Our first STEM visit was to Queensland University's School of Pharmacy, where we prepared a lotion to provide relief for dermatitis, practiced sorting medicines and learnt about a pharmaceutical career. We also went to Griffith University and The University of Queensland Institute for Molecular Biosciences, where we completed experiments with current PhD students. Our final STEM visit was to the Australian Catholic University, where we learnt more about the functioning of the heart and the lungs through the dissection of a sheep's organs.

In addition to the first-hand experiences that NYSF offered us, we were also given the opportunity to network and learn from professionals in different fields through the Rotary and Alumni Evening, and Partners' Day. This included a speed date a scientist session and the Science Dinner.



NYSF taught me about the endless possibilities that are waiting for me after year twelve. NYSF and the vibrant student staff leaders showed me how to make the most of every opportunity. NYSF allowed me to network with professionals and form lifelong friendships with people from all across Australia. I would like to say a huge thank to Kos Psaltis and the Belrose Rotary Club for their generous endorsement of my application to NYSF. I would also like to thank Ms. Barrand who told me about the program.

Applications for the NYSF Year 12 2020 Program open in March. Whilst the application process may seem lengthy and the program may seem daunting, NYSF is an amazing program for students interested in STEM. The NYSF Year 12 Program was one of the best experiences of my life and I cannot encourage all current year eleven students enough to apply for it!



Canteen / Uniform Shop

Canteen News

Lunches can be ordered at the side window of the canteen and need to be in before the end of recess.



Please note that due to the early lunch there are **no lunch orders on Wednesdays** and daily specials can only be ordered on the specified day.

Daily hot food specials:

Monday: Chicken burger & vegie burger (order only) \$4.00

Tuesday: Chicken tender rolls & hamburgers (order only) \$4.00

Wednesday: Sushi \$3.30

Thursday: Nachos & vegie nachos (order only) \$4.00

Friday: Chicken caesar wrap \$4.00

To see our full menu click [here](#).

We have lots of healthy options including watermelon tubs (\$2), fruit salad (\$4) and yoghurt (\$2).

Coming soon to the canteen: cheese & bacon rolls, meatball subs & potato pies.

We offer a range of Gluten Free products in the canteen. Gluten Free Dotty Cookies can be purchased over the counter for \$3.00. Gluten Free nuggets (5 for \$2) and wraps (BFreebrand) can be ordered. A variety of fillings are available for the wraps including Gluten Free chicken tenders. We can now also offer Gluten Free Chicken Caesar Wraps (\$4) on Fridays (using Cardinis caesar dressing) but please note that these need to be ordered. Please see our menu for other filling options and come and see us in the canteen if you have any specific queries about our products.

Eftpos is available at the canteen with a minimum spend of \$4.00.

Please note, due to OH&S regulations we cannot heat up food brought from home or provide hot water for noodles not purchased at the canteen. We are happy to provide plastic spoons & forks and these cost 10c each.

We are desperately in need of some more volunteers - particularly for Monday, Tuesday, Wednesday and Friday. Thursdays are well covered by our amazing mums.

If you have a spare day a month or even just one day a term we would love your help.



Please contact Sam on 9451 1552 if you can assist.

Uniform Shop

The uniform shop is open every Wednesday 8.00am 9.00am.

Winter uniform is worn from the start of term 2. These uniforms can now be ordered.

We have a variety of second hand uniforms at very reasonable prices.

View the [Davidson High School uniform policy \(PDF 1011KB\)](#) to find out what your child needs, and the [Davidson High School uniform order form \(PDF 17KB\)](#) to place an order. Deliveries can be made to your child at school.

Click [here](#) to read the Department of Education's uniform policy.

Rotary Corner

Kos Psaltis, Youth Service Director, Rotary Club of Belrose



Our annual Davidson High led Rotary meeting took place on 26 February 2019. This is an annual event and the 6 student captains were Georgie Jaques (President), Tori Gillespie (Community Service Director), Conor Young (International Director), Elise McInnes (Youth Service Director), Matt Beard (Vocational and Membership Director) and Jarrod Skene (Sergeant).

Please call me if you would like to come to one of our meetings at our new venue, The Imbue Café, Davidson.

Kos Psaltis
Belrose Rotary
Youth Service Director
Mob: 0402 205 628

The students were mentored by the Rotarian who normally holds that position. The student leaders thoroughly enjoyed the evening and carried out their tasks with a great degree of professionalism.



The evening also included a report from Heather Maddock and Sally Young from Year 10, who both were sponsored to Rotary's enrichment program called RYPEN.

Tori Gillespie recounted her experience at the National Youth Science Forum to which she was sponsored by our Rotary Club.



Please mark 25 May 2019 in your diaries as that is our 2nd Rock n Roll night to be held in the Davidson High MPC.

The Davidson High stage Band will be featured during the night.

All proceeds are to be applied to our many youth projects.



ICET

Mr Brett Manning, ICET Head Teacher

Arrival and First Days

On the 21st of January 24 ICET students with a myriad of feelings; exhausted, nervous, excited, anxious and even hungry! Last year's recipients of the ICET scholarship to Japan, Daniel and Emily, were kind enough to make their way to the airport to greet our new students. Daniel and Emily spent 6 weeks in Japan last October and made many wonderful memories and friendships. Many of the friendships made are the students who have now arrived in Australia to study at Davidson.

On arrival, the students take part in a 3 day orientation to prepare them for the year in Australia and set their individual goals. This year, we held our orientating at Lands Edge in Mosman.

Homestay Pickup and Australia Day

The students were greeted by their new homestay families and nervously trundled off with their new family for their first weekend in Australia. The first few nights are always the most challenging. Being away from home at 15/16 years of age and in a new house can be a daunting experience. ICET is fortunate to have so many long standing, caring and understanding host families who know what it is like for a teenager to be away from home in new land. Each family made a concerted effort to take their student out and about and see the sights on Sydney. Being the Australia day weekend, there was no shortage of things to do!

First School Day!

On February 27th, all ICET students met their new school buddies and made sushi together. There were many interesting creations made (both meticulously and haphazardly prepared) from both Davidson and ICET students. It was a wonderful beginning to the year and a great way to break the ice. We spent the afternoon sharing thoughts and getting to know each other through different activities.

Thank you to the following students for helping

Zoe Beard	Laura Brownlee	Aaron Maye	Kayla Livingston
Emma Wineberg	Annabelle Robinson	Emma Fraser	Grace Drury
Emily Hackney	Lucia Garcia de la Viuda	Coco Chen	Emma Nicholson
Olivia Bicakcian	Jess Freestone	Mikayla O'Toole	Olivia Clayton
Leo Aikawa	Bailey Earle	Heather Maddock	Lachlan Tyson
Daniel Kelt			



ICET

Mr Brett Manning, ICET Head Teacher

Assembly

Davidson's first assembly was dedicated to welcoming the new ICET students to the school. Daniel and Emily presented on their experiences in Japan whilst undertaking their scholarship and warmly welcomed the new ICET students. A big thank you to both Daniel and Emily for their warm and thoughtful welcoming speech. It was heartfelt and very much appreciated by the school. Three ICE students, Mana, Kiyoko and Masato addressed the school and hoped that their year in Australia will be inclusive and They pledged to try their best!



Swimming Carnival

Our ICET students are already making waves (pun intended) by winning several heats at this year's swimming carnival. Congratulations to Hinako, Sayaka, Masato, Masaru, Yuya.

A further congratulations goes to Masato, Yuya and Hinako who have been selected to go to Zone.



Student Stories

Our first student stories, sharing experiences and thoughts of Australia, are from Hiyori, Runa, Maho, Mana, Sara and Yuya. We hope you enjoy them.

ICET - Japan Scholarship

Daniel Kelt and Emily Hackney

Hi, I'm Daniel Kelt.

About five weeks ago, Emily Hackney and I arrived home from our six week trip to Japan and I've been asked to write a short article about.

The trip we went on was the ICET scholarship. ICET stands for "Inter cultural education today" and every year it chooses two year ten students to travel to and go to school in Japan, and it was a pretty incredible thing to do. We went to a school called "Okayama Gakugeikan High School" and did all sorts of Japanese things.

I remember participating in a green tea ceremony which was tasty, though thanks to their 'traditional sitting method of choice' (kneeling on your heels with a straight back), my knees didn't quite appreciate the full 45 minutes of it.

We also visited Okayama Castle & the Korakuen gardens which was pretty fun. It was exactly how it sounds. A castle, in Japan, with a garden, Japanese style. Google it. Visiting a Japanese castle from the 1600s is cool enough, but what linked that experience with all the others we had was the ability to make friends and interact with kids from completely different continents.

It was more than just Japan, too. Because of how ICET works (and I didn't actually realise this until I got there, so take note future ICETs), we were put in a Japanese language class with kids from all over the world. Well, in our case, it was just us (Australia), China, and Cambodia, but I'm relatively sure kids come from all over the world each year. This was the class that we went on all the excursions with and did all the ICET activities with, so we had time to talk (well, use situationally-interpreted sign language) outside the classroom.

The trip was fairly challenging too. It's daunting walking into a new school, as most kids can remember from year 7 (or earlier). It's even more daunting walking into a plane, which will take you to a new school, on the other side of the planet.

Despite the language barrier a lot of the Japanese kids also had fantastic English and I was more than happy to help them practice - after butchering every foreign word under the Japanese sun. Apart from the fairly obvious challenges - as well as feeling homesick - the biggest one for me would have been missing the routine of daily life.

Being there was a total shock to the system, from beginning to end, but a positive one. Being there allowed me to experience and appreciate a whole different way of life that I wouldn't have otherwise. It also let me look at Australia and our culture from an outside perspective, which was fairly disorienting. Overall it was a pretty great thing to do, and I'd urge any student reading this to apply once they reach year 10.



Being a part of school takes courage

More than a month has passed since I came to Australia. I got used to life at home and at school little by little, but the language barrier is still difficult. I always think about what I should do in order to improve my English ability by studying abroad. At first, I'd like to have many conversations with local students and deepen relationships with each other. For that purpose, I thought that it was necessary to actively talk and make the effort myself, away from the other Japanese students.

So, we decided to leave the where the other Japanese students are, and we joined a group of Davidson students. However, I just couldn't keep up with the content of the conversation and just smiled. I could not speak a single word. Such time continued every day, and I felt uncomfortable every time the end of a class approached.

But some people in the group spoke with me today. I was very happy and tried hard to keep on talking. I thought that I wanted to go to the ocean with one of the Davidson students and so I dared to say to them, "I want to go to the beach this weekend." Then they answered "Let's go to the beach together".

I was very happy and remembered the words of this together. Every day we have not been able to talk until now, but it was a moment when I thought it is important to speak with courage. I believe the purpose of this study abroad, I want to work with a lot of people and experience things I cannot in Japan. And I'd like to expand my horizons further.



Hiyori Hashimoto

My first days in Australia

About three weeks have passed since I came to Australia. The first weekend I came to Australia was Australia Day. I went to the park with my host family, Asahi (who lives nearby) and Hiyori. I ate breakfast and took pictures with a kangaroo. From the afternoon I went shopping with my host mother. I bought some fruit for recess there.

The supermarkets in Australia are very surprising as the register has a conveyor belt.

At our mentor day at school I made sushi with Emma. At the beginning I was nervous, but Emma was easy to understand and I talked in Japanese a little and I think that I was able to become friends.

Thanks to the mentors who are a patient with us, I am enjoying school life and able to adapt quickly. I am grateful for the mentors and I am grateful to my parents and host family. I will continue to do my best in the future.



Runa Kajikawa

ICET

Mr Brett Manning, ICET Head Teacher

I would like to write about the time I met my host family. Before I met them I was very nervous.

When I actually met, Karenna and Maya seemed very kind and I was very relieved. Before going to their house, I asked which school Maya attended. I talked a lot and the tension gradually reduced.

In the evening meal we made pasta. It was my first Australian food, but it was very delicious.

I heard that Karenna understands Japanese, but I was surprised to hear that I was able to talk freely with her. I heard that she was studying abroad in Japan. I thought that she was very reassuring.

I also met with Vivek and thought that my host family was a very warm when compared to my own family in Japan. I met my family and I thought that I am very happy. Although I am still going forward, I want to talk a lot and deepen my relationships and I want to make various memories.



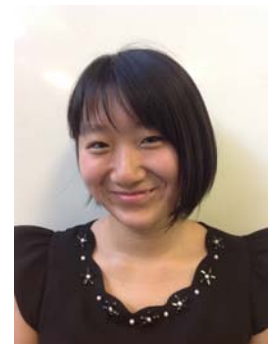
Maho Ishii

Open Night

I did open night on Tuesday the 12th of March. Open night is the same as our open school in Japan. At first I thought about what kind of activities I could do with the people who visited our classroom. We introduced some traditional Japanese games. These were origami, calligraphy, kendama (a game where you have to put a ball onto a stick), and wearing traditional festival clothes called a Happi. I established the experience-based sections. Calligraphy was one of the most popular activities. It was fun for parents too.

There were some things that surprised me. Many Australians didn't know about our traditional games but they knew what a yukata was and said the Happi looked like that. Kendama was very difficult for people, but they looked so happy when they did it.

The best part of open night was our teacher who made pizza and rice balls for us. It was very very delicious! We were all very happy!



Mana Kameyama



ICET

Mr Brett Manning, ICET Head Teacher

Clean Up Australia Day

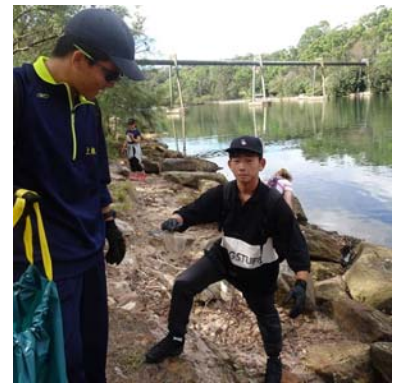
On the 3rd March, we joined Clean Up Australia Day. We cleaned at Davidson Park. We picked up garbage together with the ICET mentors. This is the first time I volunteered in Australia. It is nice for the environment to pick up garbage. The park clean became cleaner than before. I was happy to have taken part in the volunteer work.

There are a few things we can do to protect nature, such as reducing waste and using eco-friendly products. What we can do at best to the global environment is reduce our waste and live in an eco-friendly manner.

After cleaning the park, we ate lunch together. We also blindfolded each other and tried to hit a watermelon with a bat. It didn't go well as many people missed the watermelon. However, I enjoyed watching and at the end we ate the watermelon. This day was a good memory for me.



Sara Kiritani



Zone Swimming Carnival

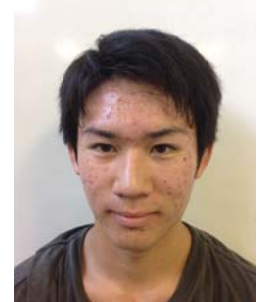
There was the zone swimming carnival last Friday. I was able to participate in this tournament because I came second at the school swimming carnival.

In this tournament, there were players selected from several schools and they are able to swim well. As a result, I could not come first in the race.



After the race I ate Milo ice cream for the first time. It was very delicious. I reported the results to my host family. They said "The results do not matter, it is great you participated in the tournament".

I thought it was really good to be in this tournament.



Yuya Kimura